



Newsletter

February 1st, 2019

Kids Heart Challenge

The American Heart Association's (A.H.A) Jump Rope and Hoops for Heart event is now called Kids Heart Challenge. Students in grades 1-8 will engage in heart healthy activities including a jumping obstacle course and basketball during their regular P.E. class time on Feb. 12 and 13. Although this is meant to be a fundraiser for the A.H.A., students are not required to raise money and everyone will be doing the activities during P.E. class. The funding is used for the prevention, education, and treatment of cardiovascular disease and stroke, which are the #1 & #3 killers in America. Our fundraising goal this year is \$2200 (\$20/student). Students who raise at least \$5.00 will instantly receive the Heart Hero character, "Echo" and a clasp to clip to their backpack. Just complete, tear off and return the coupon that is on the collection envelope that is included with the letter. The collection envelopes were distributed on Tuesday, include a description of the "Thank you" gifts, and have attached permission slips along with instructions on how to do online fundraising (a FREE Heart Hero glow wristband will instantly be issued just for registering online and a glow in the dark character named "Finn" will instantly be issued upon their first online donation). Permission slips should be returned before the event date, and all collection envelopes with contributions are to be returned to Mrs. Haslam by Feb. 12 or 13.

As an added incentive, the class with the highest percentage of "Echo" recipients will receive an extra P.E. Game Day!

Any questions may be emailed to phaslam@lamoineconsolidated.org

****If possible, PLEASE convert all cash & coins to a check made payable to American Heart Association.**



LCS Celebrates the 100th Day of School

What: Kindergarten, First, and Second Grade VIP Day

When: Friday, February 8th, 2019

Time: 9:00-10:15 a.m.

Place: LCS gymnasium

Students in grades K-2 celebrate the 100th day of school with our 3rd annual VIP Day. Students are allowed to invite 1 Very Important Person to the celebration. Check backpacks for more information and details about this fun event!

This Week's Lion Pride.....

Sophie Bunnell, Drea Johnson, Camden Bunnell, Wyatt Fletcher, Evan Campbell, & Jacob Willard!



FEBRUARY 1ST, 2019

PATRON'S CORNER

Did you know that PATRONS.....

Sponsors the annual Halloween Party for our community?

Sponsors the annual Christmas Brunch for our students?

Provides funding for teachers to purchase items such as a new robot for Lego Robotics?

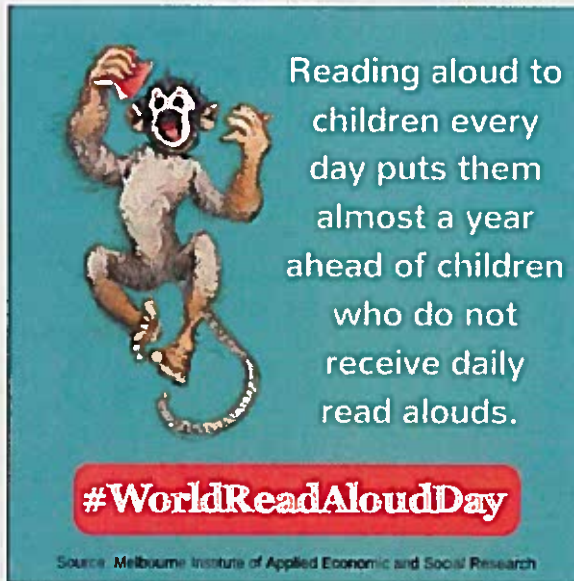
Supports our theater department with the purchase of costumes, set pieces, and props?

Provided the tickets for our 4th- 8th grade students to see ELF at the Penobscot Theater?

The PATRONS future depends on the volunteer support of parents just like you?

We would love to have you join us at our next meeting!

PATRONS next Meeting is Monday, February 4th @ 3:00!



LCS celebrated World Read Aloud Day today with a big reading kick off event. Check out the paper bag that your K-5th grader brought home for some fun surprises! Throughout the next week K-8 will celebrate in a BIG way!

Lamoine Consolidated School
53 Lamoine Beach Road

Important Dates!

Monday, February 4th

- PATRONS meeting 3:00
- Drama Club performance of *Trapped* - 4:00

Tuesday, February 12th

- School Board Meeting 6:30

Basketball 2/4 - 2/8

Boys play off game at Ella Lewis on Monday, February 4th @ 4:00

Girls play off game will be determined based on the results of tonight's game!

Drama

Monday - 3:00-4:00

Performance @ 4:00 in Ms. Duffy's room

Good News Club

Thursday - 3:00-4:30

Musical

**Monday, Tuesday & Wednesday
ASE Period**



School Lunch 1/28-2/1

Monday: Chicken Caesar salad, 3 bean salad, Cheez Its & fruit

Tuesday - Cheesy ham & potato casserole, broccoli & Teddy Grahams

Wednesday - Chicken nuggets, mashed potato, corn & fruit

Thursday - Spaghetti & meat sauce, breadstick, carrots, & fruit

Friday - Peanut butter & jelly, chips, potato salad, & fruit

667-8578

February 1, 2019

Dear Families,

Imagine all of Lamoine Consolidated School's families reading the same book at the same time!

Well, that's just what we are doing, thanks to a new project called "One Book, One School." Family literacy has been widely researched for generations and studies all point to one thing: student success. Family literacy has been defined as the literacy practices which occur within the context of both the family and the community. (Cairney, 1994) We are a community of learners and are excited to share our newest project with you!

One Book, One School is enabling our school to come together to read a common book over the course of a week. We are going for a reading adventure with a book titled Only One You by Linda Kranz. The theme of the book is one of adventure and celebrates some of life's most important and timeless lessons. It also contributes to the idea that each and every reader, regardless of age, has the chance to make the world a better place.

A school wide read aloud kick-started this new adventure, which happened today! Each Kindergarten through fifth grade student at LCS has received a copy of the book, while students in grades 6-8 will bring home theirs after an in-school activity on Monday, 2/4. Provided with the book is a customized activity guide that contains nightly activities and ways to look beyond the text. Families are asked to read the book together and complete their suggested activities. Upon the activity's completion, send back the activity and please keep the book!

Over the next week, students are invited and encouraged to participate in the trivia question on morning announcements based on the story. Correct responses from students will go into a drawing and several prize winners will be selected. This activity is designed to encourage active and attentive listening from all students regardless of their age or grade.

In addition to trivia and take-home projects, our school is going to complete a school wide project of creating a school of learners in the form of rock fish on Friday, February 8th. Our entire school will participate in this exciting project, sharing our love of the story not just in a single class or grade span, but with the **w h o l e** school population! Our fish will be collected and our "school" will be on display for the world to see in the spring, making LCS and the world a better place.

"There are many little ways to enlarge your child's world. Love of books is the best of all."
-Jackie Kennedy

Here's to our big adventure in reading!

The Lamoine Consolidated School Staff

World Read Aloud Day

Celebrate World Read Aloud Day at Home

Reading aloud to children supports language development, cultivates a love of reading, and strengthens relationship development skills. LitWorld founded World Read Aloud Day (WRAD) to encourage people to celebrate and embrace the many benefits of reading aloud. Join us by celebrating World Read Aloud Day at home!



Host a Read Aloud Night with family and friends

Invite family and friends over and read your favorite books aloud together! Discuss the stories and share old and new favorites with one another.

Post pictures reading your favorite books online

Join our discussion online by posting pictures of your favorite read aloud texts and the places and spaces you like to read

aloud using #WorldReadAloudDay !

Tips for reading aloud at home:

- ❖ Make a list of your child's favorite stories and read them often!
- ❖ Ask questions to your child about the story. For example:
 - What happened in the beginning / middle / end of the story?
 - What was your favourite part of the story?
- ❖ Act out stories as you read or listen to books on tape! Find creative ways to enjoy stories together as a family.
- ❖ Remove distractions in the space to help your audience stay engaged.
- ❖ Choose a 'reading space' in your home where you and your child can relax and read together.

Become a volunteer reader

Read aloud at a school, community center, or retirement home in your neighborhood. Collaborate with others to organize a reading event for your community that brings everyone together to celebrate the power of reading!

What should you read aloud?

Favorite books and stories

What books did you enjoy when you were a child? What books do your family members like to read?

Writing done by family members

Does anyone in your family write stories or poems? WRAD is a great day to share your personal work.

Newspapers and Magazines

Expose older children to different styles of writing with a newspaper or magazine article.

Anything and everything!

Words are all around us! You can celebrate the power of literacy by challenging your family member to read aloud whatever they get their hands on! Think food labels, recipe books, appliances... anything is an opportunity for expanding vocabulary!

For more ideas visit:

<http://www.litworld.org/wrad/>
<http://teacher.scholastic.com/worldreadaloudday/>
<https://education.microsoft.com/literacy>

Home & School

Working Together for School Success

CONNECTION[®]

February 2019

Lamoine Consolidated School



SHORT NOTES

A parenting mission statement

Can you name the three most important things to you as a parent? Putting them in writing will help to guide your parenting. Fill in the blank in the sentence, "I'm raising a child who ____" ("is kind to others," "works hard in school").

Find learning treasures

A secondhand store offers more than clothing and household items—you can find learning tools there, too. Help your youngster look for gently used books or board games (check to make sure all the pieces are there). He might also find magnetic letters or numbers, arts and crafts supplies, and small whiteboards or chalkboards.

Practice cursive

If your youngster is learning cursive, suggest creative ways to practice. She could make nameplates for family members' bedroom doors or write greeting cards and thank-you notes in cursive. *Idea:* Encourage her to use cursive when she takes notes in class. It's faster because she doesn't lift her pencil off the paper after each letter.

Worth quoting

"Joy is not in things; it is in us."
Richard Wagner

JUST FOR FUN

Q: What did the banana say to the apple?

A: Nothing.
Bananas can't talk!



Embrace empathy

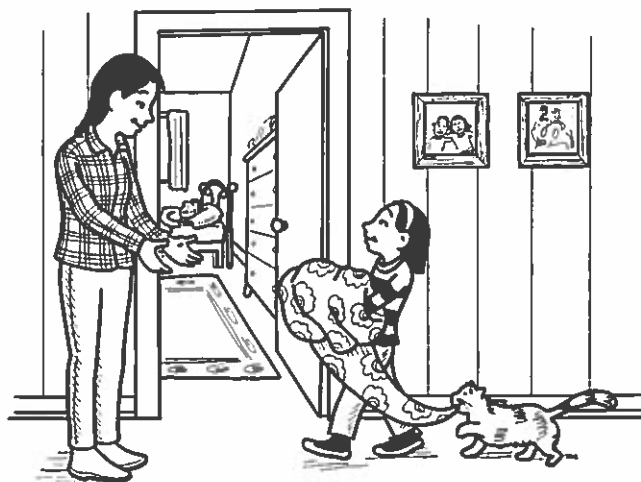
When Claire notices a classmate on crutches struggling with his books, she senses his frustration and offers to help. She has empathy—she can understand and share others' feelings. Build empathy in your child with these ideas.

Read feelings

Learning to identify other people's emotions is the first step toward feeling empathetic. Take turns acting out a feeling for family members to guess. For example, open your eyes and mouth wide to show fear. Or slump your shoulders and look down to display sadness. *Variation:* Draw faces on paper plates, and guess the emotions.

Create an "empathy identity"

Notice ways your youngster shows that she cares how people feel. You might say, "I can tell you feel bad that your brother is sick. It was nice of you to bring him a blanket." You could also point out others



showing empathy, too—in real life and in books and movies.

Respond appropriately

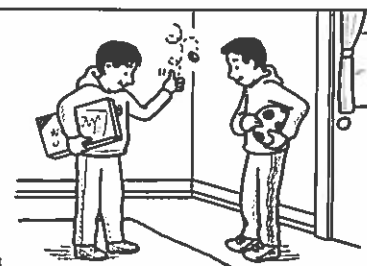
When someone is having a hard time (say, a friend's parents are getting divorced), your child may not know what to say. The good news? Sometimes people just want another person to listen and express empathy. Brainstorm honest responses like "I'm not sure what to say, but I'm glad you told me," or "I'm sorry this is happening. I'm here if you want to talk."♥

Let's collaborate!

Knowing how to collaborate with classmates will help your youngster work well and learn in a group. Try these tips to practice collaboration skills at home.

Balance speaking and listening. During family discussions, give each person a chance to talk. Your child should listen carefully so he can acknowledge what everyone says and build on their ideas. ("I liked what you said about _____. I think _____.")

Encourage compromise. If your youngster has a disagreement with a sibling or friend, such as whether to play indoors or outdoors, think of it as a learning opportunity. Ask them to think of a way they could both feel satisfied, perhaps by doing a jigsaw puzzle outside at a picnic table. Or they might flip a coin to decide which to do first.♥

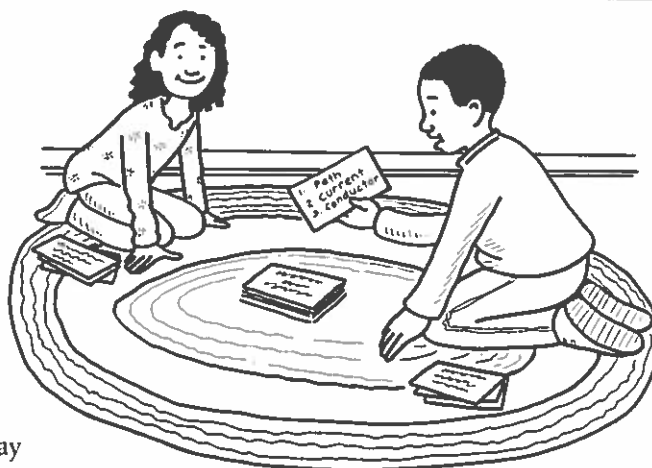


Mix-it-up study methods

Fresh techniques will breathe new life into your child's study sessions. Share these ways to add variety and help him stay motivated.

Create a mural

Suggest that your child hang a big sheet of paper on a wall. On it, he can write and illustrate facts, concepts, and procedures he's studying. Say his math test includes rounding numbers, he might write the rule ("If a number ends in 5–9, round up") in big orange letters across the bottom and add examples



in green going sideways up the mural. Let him design a new panel for each subject. He'll have a handy study tool—and a colorful piece of art.

Play with clue cards

Encourage your youngster to make and play a card game with a study partner. He could write each concept on a separate index card and list three clues on the back. For "electric circuit," clues might include "path," "current," and "conductor." He can shuffle the cards and stack them clue sides up. Players take turns drawing a card, reading the clues, and saying what's on the other side. Keep the card if you're right—the person with the most cards wins.♥

ACTIVITY CORNER

Write a picture book

Your youngster can use her imagination to retell a familiar story, then preserve her version in a homemade book! She'll practice experimenting with characters, setting, and plot as she writes.



First, let your child pick a story and think of ways she could put her own twist on it. She might write a plot based on *Charlie and the Chocolate Factory* (Roald Dahl) but use herself and her friends for the main characters. Or maybe she'll pick a story set in another country, such as *Madeline* by Ludwig Bemelmans, and have it take place in the United States.

Next, have your youngster write each sentence or paragraph of her story on a separate sheet of paper and illustrate it. Finally, invite her to read her book aloud to your family.♥

PARENT TO PARENT

Boost independence

Coaxing my daughter, Grace, through her routine on school mornings was no easy task. I decided that she needed to become more independent—and that our mornings could be more pleasant. So I've started having her get ready by herself.

I let Grace pick out an alarm clock and showed her how to set it. Then, on her closet door, we posted a list of her morning tasks, including getting dressed, brushing her teeth, and fixing her hair.

Now when we're both ready, we meet downstairs for breakfast before we head out the door. Our mornings are much easier, and I think Grace is proud of her newfound independence.♥



Q & A Time for a cell phone?

Q: My fourth-grader says some of his friends are getting cell phones, and now he wants one. Are cell phones appropriate at this age?

A: Most kids this age don't really need a cell phone, since they're supervised by adults who carry phones. And owning a phone, especially one with internet access, is a big responsibility. To decide when to give your son a phone, first think about your family's budget. Also, consider how well he

follows safety rules and takes care of his belongings. Those are good indicators of how he will behave with a phone.

If you feel he's ready, you might start with a lower-cost one with limited features. Then, create guidelines. Perhaps he may use his phone only to call or text family members and close friends. Discuss consequences for breaking or losing it. And set times when his phone is off-limits, such as during family meals, in the hour before bedtime, and after lights-out.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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